



## Saint Teresa of Calcutta Parish

Catechetical Office  
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Candidate  
Reflection due September 9, 2017

### CALLED BY NAME

#### How to Choose a Confirmation Name

&

#### How to Write Your Reflection on Your Confirmation Name

(Due, **September 9, 2017** – email to [JanetNatale@mtcimmaculate.org](mailto:JanetNatale@mtcimmaculate.org))

#### Does each Candidate need to choose a Confirmation Name?

In short, no. The rite seems to presume that the bishop will use the candidate's baptismal name in order to draw a closer connection between these two sacraments of initiation. But, many candidates select the name of a saint who becomes a model of holiness and virtue for them.

#### How do I choose a Confirmation Name?

- You may use your baptismal name
- Ask your parents how they chose your name
- Research several saints with your name (or a variation of it)
- Or you may choose the name of a saint who "speaks to your heart"
- Saints may be of either gender
- Ask your parents and relatives what saints are important to them and why
- You might want to select a saint who is the patron of a particular activity you like or profession you plan to enter
- If you have a particular name in mind (for example, you want to take your sponsor's name or a grandparent's name) research several saints with that name and choose the saint whose life has the most meaning for you

#### Where do I find information on Saints?

- Try the bookstore or library for books on saints
- Try these websites:  
<http://bustedhalo.com/tag/saints>  
<http://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>  
<http://www.americancatholic.org/Features/Saints/byname.aspx>

#### What should be included in my reflection?

- Discuss why you chose this Saint or why you chose your Baptismal name
- Tell why you think this Saint is a good role model for you
- Discuss how this Saint gave service to God and others and how this has influenced you

#### When do I submit my Reflection on my Confirmation Name?

- Name Reflections are to be submitted by email (attached word document or PDF) to Janet Natale, Parish Catechetical Leader by **Thursday, September 9, 2017**. They will be discussed in our opening session on September 23<sup>rd</sup>.

**Remember to turn to your parents, catechists, and members of the parish staff for help and direction when choosing your Confirmation Name and writing your Reflection. They will be glad to help you.**

**Consider this when affirming your Baptismal Name or choosing a Saint's Name  
Consider your gifts when exploring Christian Service Opportunities**

Catholic Saints are holy people and human people who lived extraordinary lives. Each saint the Church honors responded to God's invitation to use his or her unique gifts. God calls each one of us to be a saint.

Who are your role models? What qualities or accomplishments do you remember and admire about him or her?

The traits and actions that you've identified are part of this person's **LEGACY!** A legacy describes things that a person or group leaves behind for future generations, not just material stuff, but lessons & traditions that survive for a long time.

We all need to build a positive legacy by making a difference in the lives of others & leaving your mark on the world. Your legacy will reveal the ways in which you choose to live your life with a passion and purpose.

There are things we are able to do..."gifts" that you enjoy doing and that are easy for you to do well. Read over the list below and circle any you have or have been told you have.

*I am good at:*

- |                         |                           |                                  |
|-------------------------|---------------------------|----------------------------------|
| Acting                  | Advising Others           | Being in Charge                  |
| Building Things         | Calculating money/expense | Creating Ideas                   |
| Cooperating with Others | Drawing/Painting          | Explaining things                |
| Finishing my Work       | Following Directions      | Imagining a New Way to do Things |
| Investigating           | Influencing Others        | Helping Others                   |
| Listening               | Making Decisions          | Mediating in Disagreements       |
| Memorizing              | Motivating Others         | Organizing people or details     |
| Performing for Others   | Persuading Others         | Planning Activities              |
| Problem Solving         | Selling Ideas/Things      | Understanding How Others Feel    |
| Talking with Others     | Teaching Others           | Writing                          |

